

# Member-Owner Monthly Specials

January 4 - January 31, 2012

## In the Bulk Department:

- **Chocolate Peanut Butter Malt Balls**  
SAVE: \$4.00/lb.

## In the Grocery Department:

- **Nature's Path Toaster Pastries – Strawberry Frosted, Blueberry Frosted, Cherry Pomegranate, Wildberry, Strawberry & Blueberry**  
SAVE: \$.80
- **Season's Snacks – White Cheddar Puffs, Cheddar Puffs & Cheddar Curls**  
SAVE: \$.70
- **Gourmet Artisan Olive Oil**  
SAVE: \$4.00
- **Doctor in the Kitchen Flackers – Rosemary & Dill**  
SAVE: \$1.20
- **Blue Diamond Almond Dream, 64 oz. – Original, Unsweetened & Vanilla**  
SAVE: \$1.30
- **Pure Bliss Bars – Naughty But Nice, Lemon Cranberry, Acai Coconut & Mocha Java**  
SAVE: \$.50

## In the Cheese Department:

- **Eichten's – Selected Flavors**  
SAVE: 10%/lb.

## In the Frozen Grocery Department:

- **De Wafelbakkers – Cinnamon Sweet Potato Pancakes, Whole Grain Pancakes & Cinnamon Sweet Potato Waffles**  
SAVE: \$1.00
- **Annie Chun's Mini Wontons – Pork and Ginger & Spicy Vegetable**  
SAVE: \$1.00

## In the Refrigerated Grocery Department:

- **Nasoya Wraps – Eggroll & Wonton**  
SAVE: \$.80
- **Immaculate Baking Co. Ready To Bake Pie Crusts**  
SAVE: \$1.50
- **Wildwood Firm SprouTofu**  
SAVE: \$.75

## In the Meat Department:

- **Rebel Ridge Organic Leg of Lamb**  
SAVE: \$1.00/lb.
- **Rebel Ridge Organic Lamb Chops**  
SAVE: \$1.00/lb.
- **Rebel Ridge Organic Lamb Shoulder Roast**  
SAVE: \$1.00/lb.

## In the Wellness Department:

- **Nature's Gate Hand Soap – Lavender Aloe & Tea Tree Blue Cypress**  
SAVE: \$1.20
- **Nutrex Hawaii Spirulina Powder**  
SAVE: \$4.00